



October News-Pekin

Debbie & Morgan



This Month

This is an exciting time of the year, because we get the opportunity to see the beautiful changes outside that the Fall Season in Illinois brings. It's also the time to taste and smell apple and pumpkin spice everything! A few parents have already begun to ask about Halloween. We do not have Halloween parties or wear costumes at school. We save that for our amazing All Treats, No Tricks Community Night event at the Family Center. On Halloween Day, the teachers will do a couple of fun, Fall activities and have a healthy snack. As always, we ask that no candy or food be sent in for the children due to allergies. Thanks!

Important Dates

- 10/08/2024 Pekin Picture Day
- 10/14/24- No School for Indigenous Peoples' Day
- 10/17/24 Pekin Parent Club @ 5:30
- 10/21/24- Pyramid Model Parent Workshop - 5:30 pm @ the Family Center
- 10/22/24 Policy Council 5:30 @ the Family Center
- 10/24/24 All Treats, No Tricks Community Night 6-7 pm @ the Family Center
- 10/25/24- No School for Professional Development Day
- 10/25/24 Pyramid Model Parent Workshop (more information to come home)
- 10/28/24 & 10/29/24- No School for Parent-Teacher Conferences



Pyramid Model News

In preschool, a lot of time is spent on Social and Emotional Development. Friendship Skills are often the area we target first, so children understand how to interact with each other appropriately and safely. Taking turns, sharing, speaking kindly, asking to play with a friend, cooperating with peers, and being kind to peers are skills that need to be taught, especially if children don't have siblings or other children to play with at home. Please be patient with them while they are still learning.

Pumpkin Pie Dip- Yield: 12 servings-Serving Size: 1 /2 cup

Ingredients

- 15 oz can pumpkin puree
- 3/4 cup brown sugar, unpacked
- 1 teaspoon vanilla extract
- 1/8 teaspoon cinnamon
- 1/8 teaspoon pumpkin pie spice, or more to taste
- 6 oz 0% Greek yogurt
- 8 oz [Truwhip](#), frozen whipped topping, thawed

Instructions

1. Mix pumpkin with brown sugar, vanilla and spices, blend well.
2. Mix in yogurt.
3. Fold in Truwhip and chill in refrigerator until ready to eat.
4. To serve transfer to a serving dish or hollowed out pumpkin.
5. Serve with apples slices or graham crackers.

Recipe taken from: <https://www.skinnytaste.com/pumpkin-pie-dip/#recipe>