



This Month

Hello everyone, we are nearing the end of the school year. It has been an awesome year! We will be rounding out the year talking about farms and doing some farm activities. The last week will be filled with some fun outside activities. We will be going to the Pekin Park on the Thursday before the last day of school. You are welcome to attend if you would like to stop by and play. If you do want to come, please let us know as soon as possible so we will have a sack lunch for you as we will be eating lunch at the park.

Important Dates

5/10- Staff Appreciation Day (Please tell staff members how much you appreciate them today.)

5/16-Field trip to the Pekin Park.

5/17- Last Day of School!



Pyramid Model News

Summer is a great time to work on problem solving at home. When a problem happens, talk to your child about possible solutions to avoid a meltdown. Then, help your child pick two solutions to choose from. For example, your child wanted to play outside but it's raining. You say, "It sounds like we have a problem, what can we do about that?" Next, list other activities he or she can do instead, until you have two good options your child is happy about. Have your child choose the best option!

Nutrition News -Melon Berry Banana Fruit Salad

Ingredients:

- 1/2 cantaloupe, cut into cubes or balls
- 1 banana, sliced
- 1 cup strawberries, sliced
- 1 kiwi fruit, peeled and sliced
- 1/4 cup low-calorie salad dressing
(we recommend poppyseed or sweet mayo-like dressing)
- 2 tablespoon fruit juice
- 1/4 teaspoon dried mint (optional)

