



This Month

For the month of May we will be doing a building study. We will explore different ways to build, the different materials, and the different purposes for buildings.

We will be having a End of School Special Day on 5/15. We will have a picnic at the big park near the school.

Have a wonderful summer!

Important Dates

5/10- Staff Appreciation Day (Please tell staff members how much you appreciate them today.)

5/17- Last Day of School!



Pyramid Model News

Summer is a great time to work on problem solving at home. When a problem happens, talk to your child about possible solutions to avoid a meltdown. Then, help your child pick two solutions to choose from. For example, your child wanted to play outside but it's raining. You say, "It sounds like we have a problem, what can we do about that?" Next, list other activities he or she can do instead, until you have two good options your child is happy about. Have your child choose the best option!

Nutrition News -Melon Berry Banana Fruit Salad

Ingredients:

- 1/2 cantaloupe, cut into cubes or balls
- 1 banana, sliced
- 1 cup strawberries, sliced
- 1 kiwi fruit, peeled and sliced
- 1/4 cup low-calorie salad dressing (we recommend poppyseed or sweet mayo-like dressing)
- 2 tablespoon fruit juice
- 1/4 teaspoon dried mint (optional)

