



### This Month

We are so excited for April to be here along with nicer weather! It has been wonderful being able to enjoy the playground again! As always, please remember to bring in extra clothes for your child, especially now that the weather will be warming up soon.

We are going to start out April by learning about birds! Next, we will ZOOM into a week of exploring transportation. We will end our month with learning about recycling for Earth Day on April 22<sup>nd</sup>.

Please remember to check your Learning Genie app. We have different activities for you to do at home every week and it will help with skills in school and home!

### Important Date

**3/25 - 4/1 No School/ Spring Break**

**4/2 - Class Resumes**

**4/8 – Music Monday**

**4/9 – Tasty Tuesday**

**4/10 - Work Together Wednesday**

**4/11 – Artsy Thursday/ Art Walk 5:00 p.m. to 6:00 p.m. @ the Family Center**

**4/12 – No School/ Professional Development Day**

**4/16 - Offsite Parent Committee 5:30 p.m. @ the Family Center**

**4/22 – Earth Day**

**4/23 – Policy Council 5:30 @ the Family Center**

### Pyramid Model News

We have been focusing a lot on our emotions, lately. Sometimes kids have trouble vocalizing their emotions or knowing what they can do to calm their body down. Talk about feelings with your child. Talk about what emotion they are feeling, why they feel that way, and what they can do to calm their body down if they are upset. (Ex: Take a deep breath, color a picture, play with playdough, take a bath, go for a walk, etc.)

