

## Family Center Committee Minutes

Date: November 16, 2023 @ 5:30 PM

Members in Attendance: Sarah Ngiraibochel, Breanne Hemminger, Joey Hemminger, Megan McKeighan, Amanda Bruner, Michael Bruner, Kim Smith, Hailey Anderson, Tara Parks, Cameron Parks

Staff in Attendance: Amanda Andresen

Dinner: Delicious smoked turkey and pulled pork, BBQ sauce and buns, corn, pies, and beverages

Guest Speaker: Chelsey Moushon, Health Coordinator

Minutes: Chelsey provided an excellent presentation to the group. If your child is sick, they must be fever free without fever reducing medication for 24 hours. There are many cold, viruses, and strep cases being reported. Strep is presenting as rashes, body aches, belly aches, pink eye, and throat pain. Colds and coughs are sticking around for 10-14 days. If you or your child are sick, things that can help are: wash hands, wash toys, wash door knobs/handles, get rid of toothbrush, limit sharing of food and drink, frequently wash pet dishes, when cleaning turn off heat and open windows, and wash bed sheets 1-2 per week. If using Lysol or similar disinfectant, let it air dry for at least 10 minutes. Doctors have been recommending Mucinex for adults. Children under 5 cannot take most medicines. Recommendations for children under 5 are: Vicks on feet or chest but not both, steam up bathroom, use humidifier, prop up child while sleeping. Throat coat tea was mentioned by several parents in the group. In the event of Covid, children must be symptom free for 5 days and they can return on day 6.

The group discussed and finalized our Christmas gift plans. The next parent meeting will be 12/21/23 at 5:30p and parents will bring a dish to share for a potluck.

### Classroom Updates:

- Sarah & Kira: The class has been enjoying the nice, fall weather. Leaves were raked and jumped into by the class. The class studied shapes, sizes, and colors of leaves. The class has started working on turkey pictures. Ms. Sarah returns and everyone is excited to see her.
- Courtney & Kaeli: Spent the last month focused on Autumn. The class raked leaves to jump into and did many art projects with the colorful leaves found. Additionally, there has been a focus on kindness that has included a kindness quilt and a doughnut party. Upcoming activities around turkey and food will be fun before fall break. Two new friends joined the class and are adjusting well.
- Tammy & Morgan: The children have been discussing what they are thankful for and important family members. Recently the class learned about turkeys, how to cook a turkey, and made a giant turkey feather for the class turkey. Skill building has included name writing, counting, patterning, and practicing Zoo Phonics sounds. The children have been building social emotional skills by practicing Tucker Turtle: Stop, Breathe, Think, and problem solve. The class has been learning to be safe through the Every Day Speech program.
- Katherine & Jackie: The class has been having fun with Zoo Phonics cards and are currently on letter H. The class made slime out of pumpkin guts and did an experiment

with baking soda and vinegar that made a pumpkin look like it was puking. This was a big hit.

- Trina & Lindsey: The class has been learning about families, leaves, and Thanksgiving. The library staff came to visit and they read two books that everyone in class really enjoyed. Recently the class did an art project with mud, some children liked it but others did not. Next the class will learn about turkeys.

Important Upcoming Dates:

- November 20 and 21: Family Feast
- November 22-24: No School
- December 5: Policy Council
- Holiday Event: December 14
- December 18-21: Look at the calendar for fun holiday themes.
- December 22: No School
- January 9: Return to school.

Next Meeting Date: December 21 at 5:30pm

Door Prize Winner: Tara Parks

Meeting Adjourned: 7:05 PM