

May News

This Month

We will be going to the zoo on May 15th for our end of the year classroom field trip. Please remember to send your money in and a count for lunch if you plan on attending.

We will be focusing on gardening and planting red peppers for the last couple weeks of school.

With going outside more and climbing on the equipment, please remember to send your child in appropriate shoes for play. Flip Flops and slip on sandals are hard for the kids to climb in and sometimes they slip off which leads to accidents.

Upcoming Events

- May 1st May Day
- May 2nd Teacher Appreciation Day
- May 5th Cinco De Mayo
National School Lunch Hero Day
- May 11th Kindergarten Send Off
5:30-6:30 pm at the Family Center
- May 14th Mother's Day
- May 18th Head Start's Birthday
Policy Council 5:30 pm at Family Center
- May 19th Last Day of School



Pyramid Model News

With summer coming your child will experience new transitions. Please find the enclosed resource to help your child and you with transitions.

<https://challengingbehavior.org/docs/Helping-Children-Transition.pdf>

Health and Nutrition News

With Spring finally here comes the nice weather! Getting kids outside to play and in the sunshine is a great way for them to stay active and get some energy out. Below are just a few ideas that you can do with your kiddos outside to keep them active:

- Play with bubbles and have them chase the bubbles.
- Play Hopscotch
- Build an obstacle course.
- Do a scavenger hunt and have the kids find things matching a color or letter.
- Go on a walk/hike
- Play a game of tag