

## May News

### This Month

**April went by fast! We had fun learning about Gardening, Spring, Farm Animals and Our Senses. We planted grass and different seeds. The children loved learning about their senses. The taste test was their favorite. In May, we will be learning about Space, Astronauts and Kindness. We will be having a Messy Art and Ice Cream Day. It is hard to believe the year is almost over. We have had so much fun learning!**

### Upcoming Events

- May 1<sup>st</sup> May Day**
- May 2<sup>nd</sup> Teacher Appreciation Day**
- May 5<sup>th</sup> Cinco De Mayo**
- May 11<sup>th</sup> Kindergarten Send Off**  
5:30-6:30 pm at the Family Center
- May 14<sup>th</sup> Mother's Day**
- May 18<sup>th</sup> Head Start's Birthday**  
Policy Council 5:30 pm at Family Center
- May 19<sup>th</sup> Last Day of School**



## Pyramid Model News

**We have really focused on Social-Emotional learning and will continue that in December. We will continue practicing friendship skills like asking a friend to play, taking turns, sharing, and working together with a partner.**

## Health and Nutrition News

With Spring finally here comes the nice weather! Getting kids outside to play and in the sunshine is a great way for them to stay active and get some energy out. Below are just a few ideas that you can do with your kiddos outside to keep them active:

- Play with bubbles and have them chase the bubbles.
- Play Hopscotch
- Build an obstacle course.
- Do a scavenger hunt and have the kids find things matching a color or letter.
- Go on a walk/hike
- Play a game of tag