

May News

This Month

This month we will learn about Trees. We plan to take some walks and find different trees that are in our area. We will learn what trees do for us and learn about different types of trees. The last two weeks we will focus on buildings with activities from Creative Curriculum. We will learn about different types of buildings and find out the answers to many questions about buildings. How are they same and different? Who builds the buildings? What are buildings made of? What makes a building strong? How can we make a community with our buildings?



Upcoming Events

- May 1st May Day**
- May 2nd Teacher Appreciation Day**
- May 4th Community Fair in Pekin 5:30-6:30 pm**
- May 5th Cinco De Mayo**
National School Lunch Hero Day
- May 11th Kindergarten Send Off**
5:30-6:30 pm at the Pekin Site
- May 14th Mother's Day**
- May 18th Head Start's Birthday**
Policy Council 5:30 pm at Family Center
- May 19th Last Day of School**



Pyramid Model News

Even with the school year ending we are still working on ways to self-regulate our emotions. We continue to practice daily stopping to take a breath, like tucker turtle. We are still working on friendship skills such as problem-solving ways to talk to friends when we get frustrated. During the summer break if you need these tools to help your child feel free to ask for the materials, we use daily to help your child during challenging times.

Health and Nutrition News

With Spring finally here comes the nice weather! Getting kids outside to play and in the sunshine is a great way for them to stay active and get some energy out. Below are just a few ideas that you can do with your kiddos outside to keep them active:

- Play with bubbles and have them chase the bubbles.
- Play Hopscotch
- Build an obstacle course.
- Do a scavenger hunt and have the kids find things matching a color or letter.
- Go on a walk/hike.
- Play a game of tag.