



Miss Peggy & Miss Morgan's January 2023 Newsletter

This Month

The new year is upon us, and we are excited to be learning about Gingerbread Men as well as snow and ice. The snow will bring a lot of excitement and we hope for some days that are warm enough to go outside and build a snowman and make snow angels. We will also be focusing on the letters in our name and the sounds the letters make.

Please be sure to dress your child for the winter weather. Our classroom gets cool from time to time so be sure they are wearing long sleeves or have on extra jacket in case they need it. If your child wears boots to school, please put a pair of shoes in their bookbag to change into while at school. Boots can become hot and hard to run and play in. We will change them back into the boots to go home.

Upcoming Events

Happy Birthday To....

Miss Peggy-January 4th.

Calibri -January 15th.

David- January 25th.

Important Dates:

January 5th. Classes Resume

January 10th. Dental Program

January 16th. No School Martin Luther King

Pyramid Model News

Have you and your child use playdough to make faces by labeling how the facing they make. Ask them questions like "What makes you feel that way?" "What would make you feel better if you felt that way?", "What are other ways to express that feeling?" Start with the most common emotions such as happy, sad, mad and scared. Then move into worried, frustrated, confused and tired.

Health or Nutrition News

Ways to Stay Healthy this Winter Season

- Cover coughs and sneezes
- Wash your hands to soap and warm water
- Get plenty of sleep
- Eat a balanced diet
- Stay home if you are sick