



# Miss Peggy & Miss Morgan's February 2023 Newsletter

## This Month

We are working hard on letter sounds, and how the sounds blend to form words. The children are starting to notice letters in the environment and are matching them to words they already know. When they see a letter that their name begins with or the first letter in a friend's name, they get excited and point it out to each other.

We are starting out this month by getting ready for Valentine's Day and then we will be learning about animals that hibernate in the winter. We will talk about where animals spend the winter months and what animals eat in the winter. We will end the month learning about Artic Animals.

Be on the lookout for Parent Teacher Conference sign up forms towards the end of the month. Parent Teacher Conferences will be taking place March 2<sup>nd</sup> and 3<sup>rd</sup>.

## Important Dates:

**Friday Feb. 3 Wear Red Day and Give Kids a Smile Day**

**Friday Feb. 10 No School Professional Development Day**

**Thursday, Feb. 16<sup>th</sup> Sweetheart Dance 6:00-7:00 pm at the Family Center**

**Monday, Feb. 20 No School President's Day**

**March 2 & 3 Parent Teacher Conferences**



## Pyramid Model News

This month is about love and kindness. Help your child discuss what it means to be kind and how they can show kindness and love to others. A good book to watch together to reinforce some of these concepts is on YouTube named The Love Monster. Here is the URL that will take you to the book <https://www.youtube.com/watch?v=YDogbiJF5yQ>.

## Health or Nutrition News

### Pizza Buns

#### Ingredients

1 lb. lean ground beef or turkey      1/4 teaspoon pepper      1/4 cup onions, finely chopped      3/4 cup pizza sauce  
1 cup shredded Mozzarella cheese      6 hamburger buns, sliced

**Preparation:** Preheat oven to 365 degrees F. Brown ground meat in skillet and add onion. Drain off juices from meat. Stir in pepper and pizza sauce into cooked meat. Simmer until hot and bubbly. Stir in 1/2 cup shredded cheese. Arrange bottom halves of buns on glass dish. Spoon meat mixture over buns; sprinkle with remaining 1/2 cup cheese. Top with other halves of buns. Bake until cheese just starts to melt.