



Miss Dee, Miss Dawn and Miss Tiffany

November Monthly News

This Month

Hard to believe we are already in November. Last month was busy as the kids learned about fire safety, pumpkins, spiders, and Halloween fun. We have started working on recognizing letter A, P, F, H, and their letter sounds. In November we will be working on letters T, S, and R. We will be exploring ways to recycling, sharing, family, Thanksgiving and what we are thankful for. Thank you all for coming in for conferences. Please remember if you or a family member would like to come into the classroom, we would love to have you. If you cannot come in, we can set up a zoom so you can join us over video.

Upcoming Events

November 4th: No School PDD Day

November 8th: No School

November 16th: Picture Retake Day

November 23-25: No School Thanksgiving Break

Pyramid Model News

To go along with our pyramid model of teaching social/ emotional skills we had Miss Debbie from Hult Health Center come in. She helped the children learn some words for their emotions such as happy, sad, and disgusted. We then learned some new breathing techniques to help calm our bodies when upset. She taught them the starfish and mustache techniques. This is a great time to ask your child how to do them and begin practicing at home. Learning these skills is a great way to help children with their problem-solving skills.

Health or Nutrition News

Just a reminder that as the weather changes we will still try to go outside when possible. Please make sure your child has a jacket to wear on those cool days. With the weather changing we have also seen a lot of kids with running nose and allergies. We talk about germs and how they spread and what we can do to keep each other healthy. We have been working hard on teaching them how to sneeze or cough into their elbows and washing our hands after.