



## **Miss Debbie and Miss Mary**

**September 2022**

### **This Month**

**Since the beginning of the school year, we have been working to create relationships with the children, such as friendship skills, teamwork and using kind words to express feelings and needs. Throughout the month of September will continue with this as well as adding more language and activities that will help instill these skills.**

**We are planning a couple of projects this month and would like your help if possible. Please send 1 or 2 paper towel tubes and an empty clean 16.9 oz water bottle with your child in the next 2 weeks.**

**We will use the paper towel tubes to create a game using the letters of each child's name. We will be making sensory bottles with the water bottles.**

### **Upcoming Events**

**September 5<sup>th</sup> No school  
Monday Labor Day**

**September 16<sup>th</sup> PDD No  
School**

**September 20<sup>th</sup> Parent  
Committee 5:30 @ Family  
Center**

### **Pyramid Model News**

**We have been working with the children on knowing and implementing our expectations which are, "We Are Safe, We Are Kind, We Are a Team" into our daily routines. Ask your child to tell you the expectations and give an example of how they can fulfill each one to be a Head Start Hero!**

### **Health or Nutrition News**

**We are encouraging the children to try new foods they might not have had before during breakfast and lunch. Talk with your child about the foods on our menu to help prepare them so it will be easier for them to willingly try something new.**