

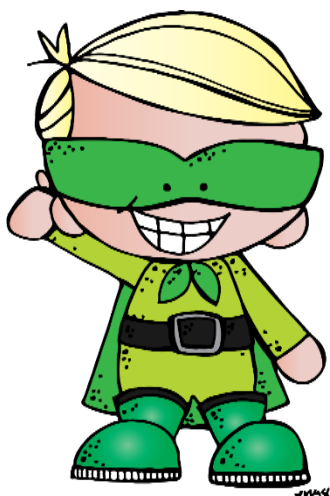
Tammy, Alexis, & Stephen's September At-Home Activity

This month, we will focus on our Head Start expectation to Be Safe! Below is Our Safe Superhero that would be great to discuss at home with your child. Notice ways your child is being safe. You could draw a picture together, take some pictures and email to us, and write down some ways your child was safe so we can share with classmates.

1. _____

2. _____

3. _____



How can we be safe?

- Pick up after ourselves
- Follow the rules and listen
- Be safe with hands and feet
- Calm your body when needed
- Be a problem solver
- Listening ears

Child's name _____

Name of adult who helped (print) _____

Adult signature _____

Date _____

Time spent (circle one) 30 min. 1 hr. 1.5 hrs. 2 hrs.

Verified by staff _____ Date verified _____

ELS Social/Emotional

5.1 Independent Behavior

5.2 Regulation of Emotions and Behavior



We are Safe!

We are Kind!

We are a Team!