



**September 2022**

**Monthly News: Ms. Ashley and Ms. Becky**

### **This Month**

**We are still going to go over our Head Start expectations:**

- **We are Kind!**
- **We are Safe!**
- **We are a Team!**

**We are still working on learning the ins-and-outs of the school day. We will continue working on classroom rules, schedule, and how to interact in the classroom. These are the foundations for a great school year!**

### **Upcoming Events**

**September 5<sup>th</sup>: Labor Day, No School**

**September 12<sup>th</sup>: Hearing & Vision Screening**

**September 13<sup>th</sup>: Parent Committee at 5:30pm**

**September 16<sup>th</sup>: No School (Professional Development Day)**

**September 28<sup>th</sup>: OSF Physical Clinic (Held at Family Center)**

### **Pyramid Model News**

**For the month of September, we are working on building school family relationships. We will spend the month modeling and teaching social/emotional skills. Tucker Turtle is a great resource for learning about problem solving and working on understanding emotions. If you are interested in that, we would be more than happy to send you some resources to work on at home!**

### **Health or Nutrition News**

**This year we can return to brushing our teeth at school! We provide the toothbrush and toothpaste and use this time and activity as an opportunity to discuss what things are good for their teeth, and what they should have in moderation. This month we are going to be talking a little about the "Sugar Monster" from our *Move and Learn with Choosy* book.**